

Enhanced Care Management (ECM) improves health for adults with Sickle Cell Disease (SCD)



SCD is a complex condition worsened by unmet physical, behavioral, and social needs.

The **ECM Benefit** under Medi-Cal's CalAIM program provides coordination of health-related services to eligible members.

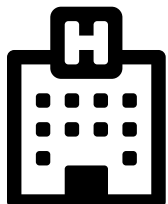
Enrolling eligible adults in ECM can improve their care, reduce healthcare utilization, and save costs.

Over
1 in 4

Medi-Cal enrolled adults in California with SCD were eligible* for the ECM benefit in 2022

**eligibility criteria: 5 or more emergency visits or 3 or more hospitalizations in a six-month period.*

These adults experienced significant disruptions to their lives:



**on average spent
33 days in the hospital**



**on average had
9 emergency visits annually**

Connecting adults to ECM benefits can potentially reduce hospital and emergency visits, improve well-being, and save:

\$86 million
in hospital expenses

\$16 million
in emergency expenses

ECM Care teams can help eligible patients with Sickle Cell Disease by:

- Connecting members to knowledgeable SCD providers
- Arranging transportation to appointments
- Getting follow-up services after appointments
- Managing medications
- Connecting to other health services and local resources



**For more information about the data contact:
scdc@trackingcalifornia.org**



In Los Angeles County, Enhanced Care Management (ECM) can improve health for adults with Sickle Cell Disease (SCD)

Connecting adults in Los Angeles County to ECM can potentially reduce hospital and emergency visits and save costs.



1 in 4

adults in Los Angeles County with SCD enrolled in Medi-Cal were eligible for ECM in 2022.

These adults spent an average of **31 days in the hospital.**

This amounted to an estimated **\$31 million in hospital costs.**



These adults had an average of **9.6 emergency visits.**

30% had a documented social need during their visit (e.g. housing, food insecurity, lack of transportation)



L. A. CountyHealth Plans with the highest number of members eligible in 2022 included:

L.A. Health Care Plan

Health Net Community Solutions

L.A. County facilities with the highest potential for savings in 2022 included:

Antelope Valley Hospital

Lancaster, CA

MLK Community Hospital

Los Angeles, CA

Tarzana Treatment Centers

Tarzana, CA

Cedar Sinai Medical Center

Los Angeles, CA



Visit <https://sicklecellcare-ca.com/> to learn more about how SCD care is advancing in California



For more information about the data contact:
scdc@trackingcalifornia.org

