

Enhanced Care Management (ECM) for Adults with Sickle Cell Disease (SCD)



Connecting adults in California to ECM can potentially reduce hospital and emergency visits and save costs.



These adults spent an average of **33 days in the hospital.**

This amounted to an estimated **\$86 million in hospital expenses.**



These adults had an average of **9 emergency visits.**

This amounted to an estimated **\$16 million in emergency expenses.**

More than

1 in 4

adults in California with SCD enrolled in Medi-Cal were eligible for ECM in 2022.

ECM care teams can help eligible patients with Sickle Cell Disease by:

- Connecting members to knowledgeable SCD providers
- Arranging transportation to appointments
- Getting follow-up services after appointments
- Managing medications
- Connecting to other health services and local resources



For more information about the data contact scdc@trackingcalifornia.org.



TRACKING CALIFORNIA
INFORMING ACTION FOR HEALTHIER COMMUNITIES

Are you eligible for Enhanced Care Management (ECM)?



Did you or someone you know spend more than 3 days in the hospital this year?



Did you or someone you know have 5 or more emergency visits this year?

If you answered yes to one of questions above and are enrolled in Medi-Cal, you may be eligible for the ECM benefit.

Why join? An ECM provider can help you:



Find doctors and get help with appointments



Arrange transportation to appointments



Get follow up services after leaving the hospital



Manage your medication



Access local resources, such as food



Connect to other health services

Talk to your healthcare provider about joining ECM today.

More than
1 in 4

adults with SCD in California qualified for the ECM benefit in 2022.

Your county health plan's member services can help determine if you are eligible.

Scan the QR code on the right to find your health plan.

